



This document is updated and uploaded to our website monthly. If a PCP ID is not listed for a specific provider, it means we have not yet received the ID from our insurance partners. In Colorado all locations are welcoming new patients on Cigna HMO and PPO plans, Humana HMO and PPO plans, or UnitedHealthcare HMO plans. We also welcome patients on Original Medicare with or without a supplement plan.

Available for New Patient Visits	Market	Provider	Provider Creden	Provider NPI	Practice	Practice Address	Cigna	Humana	UnitedHealthcare
Y	CO	Antony, Sheila	MD	1083989339	Glendale	4100 E Mississippi Ave, #110 Glendale, CO 80246	1083989339	221674	1083989339
Y	CO	Barmore, Jason	MD	1902933948	Lakewood	1692 Wadsworth Boulevard Lakewood, CO 80214	1902933948	221675	1902933948
Y	CO	Golding, Douglas	MD	1306803143	Lakewood	1692 Wadsworth Boulevard Lakewood, CO 80214	1306803143	221675	1306803143
Y	CO	Gravalos, Michelle	NP	1740652833	Aurora	1080 South Sable Boulevard Aurora, CO 80012	1740652833	263458	1740652833
Y	CO	Jeong, Kelly	MD	1487781431	Arvada	8175 N Sheridan Boulevard Unit N Arvada, CO 80003 8246 West Bowles Avenue Bldg 1, Unit T Littleton, CO 80123	1487781431	221676	1487781431
Y	CO	Ladika, Joseph	MD	1477534154	Littleton	8246 West Bowles Avenue Bldg 1, Unit T Littleton, CO 80123	1477534154	263457	1477534154
Y	CO	Marsh, Emily	MD	1851493613	Arvada	8175 N Sheridan Boulevard Unit N Arvada, CO 80003	1851493613	221676	1851493613
Y	CO	Osbourne-Roberts, Tama	MD	1245424076	South Federal	730 S Federal Blvd, Denver, CO, 80219	1245424076	428072	1245424076
Y	CO	Schirmer, William	MD	1710418587	Littleton	8246 West Bowles Avenue Bldg 1, Unit T Littleton, CO 80123	1710418587	263457	1710418587
Y	CO	Shull, Heather	MD	1477680403	Glendale	4100 E Mississippi Ave, #110 Glendale, CO 80246	1477680403	221674	1477680403
Y	CO	Solot, Joshua	DO	1043366727	Glendale	4100 E Mississippi Ave, #110 Glendale, CO 80246	1043366727	221674	1043366727
Y	CO	Tanabe, Teresa	NP	1861895807	Glendale	4100 E Mississippi Ave, #110 Glendale, CO 80246	1861895807	221674	1861895807
Y	CO	Taylor, Meghan	MD	1821388729	Aurora	1080 South Sable Boulevard Aurora, CO 80012	1821388729	263458	1821388729